

| OMB APPROVAL | |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Name and Address of Reporting Person* <u>SIMON PROPERTY GROUP INC /DE/</u> (Last) (First) (Middle) 225 WEST WASHINGTON STREET (Street) INDIANAPOLIS IN 46204 (City) (State) (Zip) | 2. Issuer Name and Ticker or Trading Symbol <u>Life Time Group Holdings, Inc. [LTH]</u> | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director <input checked="" type="checkbox"/> 10% Owner Officer (give title below) Other (specify below) |
| | 3. Date of Earliest Transaction (Month/Day/Year) 10/12/2021 | |
| 4. If Amendment, Date of Original Filed (Month/Day/Year) | | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|---|-------------------------------------------------------------------|------------|-------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------|
| | | | Code | V | Amount | (A) or (D) | Price | | | |
| Common Stock | 10/12/2021 | | C | | 99,014 | A | (1) | 2,099,014 | I | See footnote ⁽²⁾ |
| Common Stock | 10/12/2021 | | P | | 512,820 | A | \$18 | 2,611,834 | I | See footnote ⁽²⁾ |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|---|----------------------------------------------------------------------------------------|--------|----------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------|--------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------|-----------------------------|
| | | | | Code | V | (A) | (D) | Date Exercisable | Expiration Date | | | | | | Title |
| Series A Preferred Stock | (1) | 10/12/2021 | | C | | | 80,393 | (1) | (1) | Common Stock | 99,014 | (1) | 0 | I | See footnote ⁽²⁾ |

1. Name and Address of Reporting Person*
SIMON PROPERTY GROUP INC /DE/
 (Last) (First) (Middle)
 225 WEST WASHINGTON STREET
 (Street)
 INDIANAPOLIS IN 46204
 (City) (State) (Zip)

1. Name and Address of Reporting Person*
SIMON PROPERTY GROUP L P /DE/
 (Last) (First) (Middle)
 225 WEST WASHINGTON STREET
 (Street)
 INDIANAPOLIS IN 46204
 (City) (State) (Zip)

1. Name and Address of Reporting Person*
SLT Investors, LLC
 (Last) (First) (Middle)
 225 WEST WASHINGTON STREET

| | | |
|----------|-----------------------|-------|
| (Street) | INDIANAPOLIS IN 46204 | |
| (City) | (State) | (Zip) |

Explanation of Responses:

1. Each share of Series A preferred stock automatically converted into common stock upon the closing of Life Time Group Holdings, Inc.'s initial public offering in accordance with the Certificate of Designations pertaining to the Series A preferred stock.
2. The shares of Common Stock and Series A preferred stock are directly held by SLT Investors, LLC, a wholly-owned direct subsidiary of Simon Property Group, L.P. Simon Property Group, Inc. is the sole general partner of Simon Property Group, L.P.

Remarks:

The Reporting Persons may be deemed to be members of a "group" for the purposes of the Securities Exchange Act of 1934 by virtue of being a party to the Life Time Group Holdings, Inc. Third Amended and Restated Stockholders Agreement. Each Reporting Person disclaims beneficial ownership of any securities deemed to be owned by the group that are not directly owned by the Reporting Person. This report shall not be deemed an admission that the Reporting Persons are a member of a group or the beneficial owner of any securities not directly owned by the Reporting Person. The Reporting Persons disclaim beneficial ownership of the securities except to the extent of their pecuniary interest therein.

/s/ Steven E. Fivel, as Secretary
and General Counsel of Simon
Property Group, Inc. 10/14/2021

/s/ Steven E. Fivel, as Secretary
and General Counsel of Simon
Property Group, Inc., the
general partner of Simon
Property Group, L.P. 10/14/2021

/s/ Steven E. Fivel, as Secretary
and General Counsel of SLT
Investors, LLC 10/14/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.